



EDUCATION MATTERS

NATIONAL MENTORING MONTH

DID YOU KNOW?

- One out of three young people will grow up without a mentor.¹
- Students who meet regularly with their mentors are 52 percent less likely than their peers to skip a day of school and 37 percent less likely to skip a class.
- Mentoring reduces “depressive symptoms” and increases “social acceptance, academic attitudes and grades.”
- Youths who meet regularly with their mentors are 46 percent less likely than their peers to start using illegal drugs and 27 percent less likely to start drinking.
- Three-fourths of “at-risk” young adults who have mentors aspire to enroll in and graduate from college versus only half of at-risk young adults who had no mentors. Those with mentors are also more likely to be enrolled in college.²

HOW YOU CAN HELP

Become a mentor by

- participating in face-to-face meetings with a mentee that average one time per week and one hour per meeting (or some equivalent) over the course of at least one calendar or school year;³
- enrolling in or helping your faith organization establish an effective mentoring program;
- volunteering at an established mentoring program in your community or at a local school; and
- participating in the president’s My Brother’s Keeper Initiative. To learn how to get involved, go to <https://www.whitehouse.gov/my-brothers-keeper>.

Remember: It takes only an hour per week to transform a child’s life for the better.

U.S. Department of Education
Center for Faith-based and Neighborhood Partnerships
<http://sites.ed.gov/fbnp>

¹See <http://www.mentoring.org/get-involved/become-a-mentor/#1442434592687-06c5eb95-f9e2857f-0a0b>.

²See <http://www.serve.gov/?q=site-page/mentoring>.

³See http://www.mentoring.org/downloads/mentoring_1222.pdf, p. 6.